

### Ohio Health Education Mandates & Studies Weekly

Ohio Health education shall include instruction in—	Ohio Mandates Addressed in Studies Weekly Health & Wellness	Kinder	1st Grade	2nd Grade	3rd Grade	4th Grade	5th Grade	6th Grade	Covered in Studies Weekly's Support Materials
	The checkboxes indicate if a mandate is supported by Studies Weekly Health & Wellness								<p><b>Studies Weekly's Health and Wellness Support Materials —</b></p> <p>The Health and Wellness Support Material is optional content to support your Health &amp; Wellness curriculum. They work to meet <b>Ohio's Health Mandates for K-5.</b></p> <p>These materials can be used in the classroom or shared with parents, but educators are advised to exercise discretion and adhere to site, district, and state guidelines when teaching sensitive subjects, while promoting respect and well-being.</p> <p>The support materials offer adult-facing information, verbiage and terminology to help support the extension of lessons to include Ohio's mandated content. For example, assertiveness or the skill of asking for help are both a critical part of sexual abuse training. Studies Weekly provides a week of content addressing both ideas in all grade levels (<a href="#">Kinder example- Week 21</a>). The Support Materials include possible verbiage and key terminology to aid teachers, service providers, and/or parents/guardians in discussions around abuse and sexual abuse (Example- <a href="#">Support Material - Protecting your bodies</a>). Upon request, Studies Weekly will gladly work with districts to identify connections between the student facing content and extra support materials.</p>
(a) The nutritive value of foods, including natural and organically produced foods, the relation of nutrition to health, and the use and effects of food additives;	<input checked="" type="checkbox"/>	Week 1 Week 3	Week 1 Week 3	Week 1 Week 3	Week 1 Week 3	Week 1 Week 3	Week 1 Week 3	Week 1 Week 3	
(b) The harmful effects of and legal restrictions against the use of drugs of abuse, alcoholic beverages, and tobacco, including electronic smoking devices;	<input checked="" type="checkbox"/>	Week 32	Week 32	Week 32	Week 32	Week 32	Week 32	Week 32	
(c) Venereal disease education, except that upon written request of the student's parent or guardian, a student shall be excused from taking instruction in venereal disease education;	<input checked="" type="checkbox"/>								

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<p>(d) In grades kindergarten through six, annual developmentally appropriate instruction in child sexual abuse prevention, including information on available counseling and resources for children who are sexually abused. Such instruction and information provided shall not be connected in any way to any individual, entity, or organization that provides, promotes, counsels, or makes referrals for abortion or abortion-related services. Upon written request of the student's parent or guardian, a student shall be excused from taking instruction in child sexual abuse prevention.</p>	<input checked="" type="checkbox"/>								<p>The grade/developmentally appropriate content occurs in the weekly content for each grade. For example, assertiveness or the skill of asking for help are both a critical part of sexual abuse training. Studies Weekly provides a week of content addressing both ideas.</p> <p>Then the support materials discuss the definitions and key terminology regarding the abuse and sexual abuse.</p>
<p>(e) In grades kindergarten through six, instruction in personal safety and assault prevention, except that upon written request of the student's parent or guardian, a student shall be excused from taking instruction in personal safety and assault prevention;</p>	<input checked="" type="checkbox"/>								<p>Core skills in sexual abuse prevention are taught in the form of teaching lessons about respect (week 10), communication skills (week 11), internet safety (week 12), stress management (week 16), anxiety management (Week 17), coping strategies (week 18), asking for help (Week 21), relationship skills (week 22), assertiveness training (week 24), conflict resolution skills (week 27), and critical thinking (week 31).</p> <p>Additionally, there are specific articles that address abuse and sex in the HW Support Materials.</p> <p style="text-align: center;">Support Materials Unit 5</p>



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(ii) That upon request, parents and legal guardians may examine such instructional materials in accordance with this section;									
(iii) That upon written request of the student's parent or guardian, a student shall be excused from taking instruction in child sexual abuse prevention and sexual violence prevention.									
If the parent or legal guardian of a student less than eighteen years of age submits to the principal of the student's school a written request to examine the dating violence prevention and sexual violence prevention instruction materials used at that school, the principal, within forty-eight hours after the request is made, shall allow the parent or guardian to examine those materials at that school.									
(g) Prescription opioid abuse prevention, with an emphasis on the prescription drug epidemic and the connection between prescription opioid abuse and addiction to other drugs, such as heroin;	☑					Week 32	Week 32	Week 32	
(h) The process of making an anatomical gift under Chapter 2108. of the Revised Code, with an emphasis on the life-saving and life-enhancing effects of organ and tissue donation;	☑							Week 9 (partial coverage)	

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(i) Beginning with the first day of the next school year that begins at least two years after March 24, 2021, in grades six through twelve, at least one hour or one standard class period per school year of evidence-based suicide awareness and prevention and at least one hour or one standard class period per school year of safety training and violence prevention, except that upon written request of the student's parent or guardian, a student shall be excused from taking instruction in suicide awareness and prevention or safety training and violence prevention;	☑								Basic suicide prevention article in support materials. Week 6.



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